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# Hereditary Kidney Cancer Syndromes

Naomi B. Haas and Katherine L. Nathanson

**Inherited susceptibility to kidney cancer is a fascinating and complex topic. Our knowledge about types of genetic syndromes associated with an increased risk of disease is continually expanding. Currently, there are 10 syndromes associated with an increased risk of all types of kidney cancer, which are reviewed herein. Clear cell kidney cancer is associated with von Hippel Lindau disease, chromosome 3 translocations, PTEN hamartomatous syndrome, and mutations in the BAP1 gene as well as several of the genes encoding the proteins comprising the succinate dehydrogenase complex (SDHB/C/D). Type 1 papillary kidney cancers arise in conjunction with germline mutations in MET and type 2 as part of hereditary leiomyomatosis and kidney cell cancer (fumarate hydratase [FH] mutations). Chromophore and oncocytic kidney cancers are predominantly associated with Birt-Hogg-Dubé syndrome. Patients with Tuberous Sclerosis Complex (TSC) commonly have angiomyolipomas and rarely their malignant counterpart epithelioid angiomyolipomas. The targeted therapeutic options for the kidney cancer associated with these diseases are just starting to expand and are an area of active clinical research.**

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**Key Words:** von Hippel Lindau disease, Birt-Hogg-Dubé disease, Kidney cancer, Genetic susceptibility, Genetic disease

## Introduction

Hereditary kidney cancer accounts for 3% to 5% of all kidney cancer; however, this number is likely underestimated. Ten inherited cancer susceptibility syndromes are currently associated with an inherited risk of kidney cancer, and 12 genes have been identified (Table 1). The number of families with identified hereditary conditions leading to kidney cancer continues to increase. The description of families with inherited syndromes associated with an increased risk of kidney cancer has and will lead to the discovery of mutated genes critical to the pathogenesis of kidney cancers. Patients with these inherited syndromes develop kidney cancer at an earlier age; furthermore, the lesions can be multifocal, bilateral, and heterogeneous. Herein, we describe the most prevalent of these syndromes. Many of the genes identified through the study of familial kidney cancer have also proven to be important in sporadic kidney cancers, with von Hippel Lindau (VHL) disease being the exemplar of this paradigm. The recent Cancer Genome Atlas and other massively parallel sequencing studies will no doubt raise our awareness of other processes important to the causality and aggressive behavior related to the inherited genetics of kidney cancer.

## VHL Disease

Patients with this autosomal-dominant cancer susceptibility syndrome can present with a wide spectrum of hemangioblastomas of the brain, spine, and retina; pancreatic and kidney cysts; and neuroendocrine tumors, endolymphatic sac tumors, and pheochromocytomas. Some but not all patients develop clear cell kidney cancer, presenting as bilateral and sometimes hundreds of lesions within the kidney.

The first patients with this syndrome were described in 1860, and it was recognized as a familial by Von Hippel some 30 years later; Lindau recognized that the retinal lesions were part of a larger heritable syndrome that

affected the central nervous system.<sup>1,2</sup> In 1993, the mutated gene responsible for these families and VHL disease, *VHL*, was found through the study of multiple case families to be located at 3p25-26.<sup>3-6</sup>

There is significant variation in phenotype in VHL disease that was observed before gene identification.<sup>7</sup> Subsequent to the identification of *VHL*, a strong genotype-phenotype correlation was seen with a mutation type that was predictive of disease.<sup>8</sup> Patients with type 1 mutations (in general, truncating mutations) have a decreased incidence of pheochromocytoma as compared with those with type 2 mutations (in general, missense mutations).<sup>9-12</sup> Families with type 2 mutations have either a high (type 2A) or low risk of clear cell renal cell carcinoma (ccRCC; type 2B), and type 2C families only develop pheochromocytoma. Type 2A disease is associated with the “Black Forest” founder mutation (Tyr98His), originating from southwestern Germany, which is commonly found in the Pennsylvania Dutch population.<sup>13</sup>

VHL occurs in all ethnic groups at a rate of 1 in 35,000 people.<sup>14</sup> Ninety percent of people with VHL will manifest disease findings by age 65.<sup>15</sup> Genetic testing for mutations in *VHL*, which includes screening for point mutations as well as large deletions, detects nearly 100% of individuals with VHL disease.<sup>16</sup> Twenty to twenty-five percent of patients are the first person in their

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families to develop VHL disease. There have been several case reports of mosaicism for a *VHL* mutation identified in parents when children were diagnosed with VHL.<sup>17,18</sup> Gonal mosaicism, leading to more than one child with VHL without either parent being affected also has been observed (Nathanson, unpublished).

The *VHL* gene is a classic tumor suppressor, and loss of the wild-type allele is found in hemangioblastomas, pancreatic neuroendocrine tumors, kidney cysts, and clear cell kidney cancer from patients with VHL.<sup>19-22</sup> The wild-type allele of *VHL* is lost consistently in kidney cysts in VHL patients, suggesting that loss of that allele is an important initiating event in tumorigenesis.<sup>22</sup> pVHL (VHL protein) contains 2 functional domains, the  $\alpha$ - and  $\beta$ -domain, which are involved in binding to elongin C and pVHL substrates, respectively.<sup>23-26</sup> *VHL* encodes an E3 ligase, the major substrates of which are the hypoxia-inducible factors (HIFs), which are transcription factors that regulate a broad program of hypoxia-responsive genes including vascular endothelial growth factor (VEGF).<sup>27</sup> Inactivation of *VHL* results in upregulation of HIF-1 $\alpha$  and -2 $\alpha$ , which drive angiogenesis and proliferation and have profound effects on energy metabolism.<sup>28</sup> *VHL* is mutated not only in inherited ccRCC but also in most sporadic ccRCCs, with both copies lost in 86% and genetic or epigenetic changes found in 96%.<sup>29</sup> Studies by our group at the University of Pennsylvania further identified 2 subgroups of VHL-inactivated clear cell cancers: 1 with a HIF-1 $\alpha$ - and -2 $\alpha$ -driven genotype and another with a HIF-2 $\alpha$ -dominant genotype.<sup>30,31</sup> The HIF-2 $\alpha$  genotype is associated with a c-myc-driven metabolic pathway and upregulation of DNA damage response, specifically double-strand break repair. Discovery and characterization of the VHL pathway has been critical to the development of drug therapies for sporadic clear cell kidney carcinoma.

Frameshift and nonsense mutations in *VHL* are associated with a high penetrance of clear cell kidney cancer, with a risk at age 50 of 70%.<sup>9</sup> Full and partial gene deletions of *VHL* confer a lower risk of clear cell kidney cancer at age 50 of 40%. As discussed above, type 2A missense mutations also confer a high risk of kidney cancer, whereas other missense mutations, including types 2B and 2C, do not appear to be associated with kidney cancer.<sup>32</sup> Type 2B mutations have been characterized as "deep missense" mutations, meaning they are buried within the core of the protein when it is normally folded.<sup>33</sup> Type 2B mutations impair binding of elongin C to pVHL, whereas type 2A mutations do not impair

binding but are within the HIF-binding site ( $\beta$ -domain).<sup>34</sup> Knauth and colleagues showed that *VHL* type 2A mutations had higher stability and higher ubiquitin ligase activity with respect to HIF-1 $\alpha$  as compared with type 2B mutations.<sup>35</sup> Li and colleagues demonstrated that type 2A mutations retain their ability to regulate HIF-1 $\alpha$  and HIF-2 $\alpha$ .<sup>33</sup> In contrast, type 2A mutations are associated with the retention of HIF-2 $\alpha$  activity and increased growth in contrast to type 2B mutations. These data implicate a biological difference accounting for the variable risk of kidney cancer associated with different types of kidney cancer.

### Treatment of VHL

Increased awareness of this disease has led to earlier diagnosis and intervention. Familial genetic screening, routine imaging, and an aggressive surgical approach to kidney tumors in early-stage disease can help prolong quality of life with low morbidity. Because these patients present with multifocal disease at an early age and the tumors vary in aggressiveness, every effort should be made to preserve kidney function through nephron-sparing approaches (partial nephrectomy, thermal ablative therapies, or observation) in patients with disease limited to the kidneys. However, in patients with locally advanced disease, the likelihood of recurrent disease and ESRD is much higher; thus, bilateral resection of the kidneys followed by kidney transplantation is a more accepted approach.<sup>36</sup>

In a contemporary series, 85% to 90% of VHL patients are now diagnosed with kidney masses less than 6 cm, and only 11% of patients have progressed to distant metastases.<sup>37</sup> Given the low reported rate of metastasis among patients with sporadic kidney cortical neoplasms less than 3 cm in size, investigators have adopted a policy of initial observation for tumors less than 3 cm in size and immediate intervention for lesions greater than 3 cm in VHL patients. Over a follow-up of 5 years, Walther and colleagues reported no evidence of metastatic disease progression and no need for kidney transplantation or dialysis among 52 patients with tumors less than 3 cm at diagnosis. In contrast, distant metastases developed in 11 of 44 patients (25%) with lesions greater than 3 cm in size, including 3 of 27 patients (11%) with lesions between 3 and 6 cm.<sup>37</sup> In an update of this series, Duffey and colleagues confirmed the safety of this approach.<sup>38</sup> Over a median follow-up of 41 months, all 108 patients with lesions less than 3 cm in size remained free of distant metastases, all avoided kidney transplantation and dialysis, 37 (34%) remained on observation without intervention, and 104

#### CLINICAL SUMMARY

- There are currently 10 inherited cancer susceptibility syndromes that are associated with an increased risk of kidney tumors of varying pathological types.
- Therapeutic options for the treatment of kidney tumors associated with cancer susceptibility syndromes are expanding and are discussed herein.

**Table 1. Inherited Cancer Susceptibility Syndromes Associated With an Increased Risk of Kidney Cancer**

Syndrome	Gene	Protein	Kidney Cancer Type	Other Cancers	Non-Neoplastic Findings
BAP1 mutant disease	<i>BAP1</i>	BRCA-associated protein	Clear cell	Melanoma Uveal melanoma Mesothelioma	Epithelioid atypical Spitz tumors
Birt-Hogg-Dubé syndrome	<i>FLCN</i>	Folliculin	Oncocytic, chromophobe	–	Fibrofolliculomas Lung cysts, pneumothorax
Familial clear cell kidney cancer with chromosome 3 translocation	Translocation chromosome 3		Clear cell	–	–
Hereditary leiomyomatosis and kidney cell cancer	<i>FH</i>	Fumarate hydratase	Papillary type 2	–	Cutaneous leiomyomas Uterine leiomyomas
Hereditary papillary kidney cancer	<i>MET</i>	c-MET	Papillary type 1	–	–
PTEN hamartoma syndrome	<i>PTEN</i>	PTEN	Clear cell	Breast cancer Thyroid cancer	Mucocutaneous papules, hamartomas, lipomas, macrocephaly
SDH-associated kidney cancer	<i>SDHB</i> <i>SDHC</i> <i>SDHD</i>	Succinate dehydrogenase subunits B, C, D	Clear cell, chromophobe, oncocytoma	Paraganglioma Pheochromocytoma	–
Tuberous sclerosis complex	<i>TSC1</i> <i>TSC2</i>	Hamartin Tuberin	Angiomyolipoma Epithelioid angiomyolipoma	Angiomyolipomas Subependymal giant cell astrocytomas	Facial angiofibroma Hypomelanotic macule Connective tissue nevus Forehead plaque Ungal and periungal fibromas Pancreatic, kidney cysts
Von Hippel Lindau disease	<i>VHL</i>	pVHL	Clear cell	CNS: hemangioblastoma (brain, spine, retina) Adrenal: pheochromocytoma Inner ear: endolymphatic sac tumors Pancreas: neuroendocrine tumors	

Abbreviations: CNS, central nervous system; PTEN, phosphatase and tensin homolog; SDH, succinate dehydrogenase.

(96%) retained both kidneys. Of the 71 patients (66%) that required intervention for interval growth of lesions larger than 3 cm, an average of 1.7 procedures per patient was performed and 97% of these were nephron sparing (partial nephrectomy or percutaneous ablative procedures). In contrast, of the 63 patients with lesions greater than 3 cm who underwent treatment for kidney tumors, a nephron-sparing approach was successfully used in only 68% of instances and only 34 patients (54%) retained both kidneys at their last follow-up.

### **Clinical Trials in VHL Mutant Disease**

The studies of *VHL* mutational status as a prognostic marker in advanced sporadic renal cell carcinoma (RCC) have been inconsistent. Choueiri and colleagues examined *VHL* status as a predictive biomarker in 123 patients treated with various VEGF inhibitors; they suggested that loss-of-function mutations in *VHL* were associated with treatment response.<sup>39</sup> There are ongoing clinical trials specifically using the current VEGF-tyrosine kinase inhibitors in patients with *VHL* (<http://www.clinicaltrials.gov>). Because these patients often have hemangioblastomas in extrarenal sites, the goals of these therapies are not only to control malignant disease but also to temper symptoms of the hemangioblastomas. Thus, the dose of agent and the duration of therapy as well as tolerability are important issues.

Other trials specific to *VHL* mutation in sporadic ccRCC are ongoing. A pilot study was recently conducted that tested the feasibility of vaccinating advanced RCC patients with the corresponding mutant *VHL* peptides.<sup>40</sup> A mutant *VHL* peptide vaccine was administered to 6 patients with *VHL*-mutant RCC. Four of 5 evaluable patients (80%) generated specific immune responses against the corresponding mutant *VHL* peptides. The vaccine was well tolerated. No grade III or IV toxicities occurred. The median overall survival and median progression-free survival were 30.5 and 6.5 months, respectively.

In addition, because the *VHL* gene is functionally lost through hypermethylation in up to 19% of sporadic clear cell RCC cases, re-expressing *VHL* silenced by methylation in ccRCC cells using a hypomethylating agent may be an approach to treatment in patients with this type of cancer. A pilot experiment was conducted in mouse xenografts using 2 hypomethylating agents to re-express *VHL* in cell culture and in mice bearing human ccRCC to evaluate the effects of re-expressed *VHL* in these models.<sup>41</sup> Real-time reverse transcription polymerase chain reaction was used to evaluate the ability of zebularine and 5-aza-2'-deoxycytidine (5-aza-dCyd) to re-express *VHL* in 4 ccRCC cell lines with documented *VHL* gene silencing through hypermethylation as well as in *VHL*-methylated ccRCC xenografted tumors. 5-Aza-dCyd was able to re-express *VHL* in our cell lines in culture and in xenografted murine tumors. Well-described phe-

notypic changes of *VHL* expression including decreased invasiveness into Matrigel and decreased VEGF and glucose transporter-1 expression were observed in the treated lines. *VHL*-methylated ccRCC xenografted tumors were significantly reduced in size in mice treated with 5-aza-dCyd. Mice bearing nonmethylated but *VHL*-mutated tumors showed no tumor shrinkage with 5-aza-dCyd treatment.

### **Hereditary Papillary Renal Cancer**

#### **Hereditary Papillary Renal Cell Carcinoma (Type 1 Papillary)**

Hereditary papillary renal cell carcinoma (HPRCC) is an autosomal-dominant syndrome characterized by multifocal, bilateral, type I papillary RCCs.<sup>42,43</sup> Mutations of the *MET* gene on 7q31 have been causally associated with HPRCC,<sup>44-48</sup> but *MET* is mutated in less than 10% of sporadic-type papillary kidney cancers. Families with inherited mutations in *MET* leading to multifocal papillary kidney cancer (type 1) are quite rare, much more so than *VHL* and most of the other described inherited kidney cancer syndromes, including HLRCC and Birt-Hogg-Dubé (BHD) disease.

#### **Hereditary Leiomyomatosis and Kidney Cell Cancer (Type 2 Papillary)**

Hereditary leiomyomatosis and renal cell cancer (HLRCC) is an autosomal cancer susceptibility syndrome characterized by the development of cutaneous and uterine leiomyomas and kidney cancer.<sup>49,50</sup> Papillary type 2 kidney cancer is the pathological type most commonly associated with HLRCC and tends to have an early age of onset, be of high grade, and have an aggressive course.<sup>51</sup> The mean age of kidney cancer diagnosis is 40 years, but metastatic kidney cancer can present in the teens. Other types of kidney cancers also can occur, including collecting duct and clear cell cancers.<sup>50,52,53</sup> Independent of underlying architecture, cells in the kidney cancers associated with HLRCC have a characteristic pathological appearance with large nuclei with inclusion-like orangiophilic or eosinophilic nucleoli surrounded by a clear halo, which can be recognized by knowledgeable pathologists.<sup>51</sup>

The gene fumarate hydratase (*FH*), which encodes the enzyme that converts fumarate to malate in the Krebs cycle, is mutated in HLRCC.<sup>53,54</sup> All types of point mutations have been reported, with missense mutations by far the most predominant (57%; 191 of 337) in the *FH* mutation database ([http://chromium.liacs.nl/lovd\\_sdh/home.php?select\\_db=FH](http://chromium.liacs.nl/lovd_sdh/home.php?select_db=FH)).<sup>55</sup> The lower fumarate hydratase (*FH*) enzymatic activity found in affected patients has been proposed as a method for screening of family members; however, genetic testing remains a more efficient method to detect affected individuals.<sup>56</sup>

Intrafamilial heterogeneity has been observed in multiple cases despite similar decreases in FH activity.<sup>57</sup> The penetrance for the complete phenotypic manifestations of HLRCC has yet to be fully defined, although, similar to many cancer susceptibility syndromes, as more families are tested, individuals with mutations but no manifestations of disease have been identified. No modifiers of penetrance have yet been identified.<sup>58</sup>

The mutated *FH* behaves as a tumor suppressor gene because loss of the wild-type allele is observed in kidney cancer from individuals with *FH* mutations. Patients with biallelic mutations (homozygous or compound heterozygotes) develop FH deficiency, characterized by fumaric aciduria, progressive encephalopathy, hypotonia, failure to thrive, and seizures.<sup>59-62</sup> These patients usually do not survive beyond the first few months of life, although some more mildly affected individuals have been described.<sup>63,64</sup> Relatives with only 1 mutation can go on to develop papillary type 2 kidney cancer. Mutations have not been observed in sporadic RCC, but in part the lack of observation may arise because of the limited number of papillary type 2 tumors included in the screening series.<sup>57</sup>

In kidney cancers with *FH* mutations, HIF accumulation increases when high levels of fumarate inhibit the HIF proline hydroxylases and increased transcription of downstream targets.<sup>65</sup> The perturbation of metabolic intermediates has the potential to alter function of several other 2-oxoglutarate-dependent enzymes, including a family of histone-regulating demethylases that have in common a jumonji-C domain, several of which have been linked to kidney cancer. This metabolic-epigenetic link is of high interest given the newly recognized epigenetic findings in RCC. Two studies have demonstrated that FH loss results in activation of Nrf2-dependent activation of antioxidant pathways.<sup>66,67</sup> NRF2 (NFE2L2, nuclear factor, erythroid 2-like 2), a transcription factor, is a key regulator of the antioxidant response, with multiple target genes that contain NRF2 response elements.<sup>68</sup> Cellular levels of NRF2 are regulated by KEAP1 (Kelch-like ECH-associated protein 1), which is the substrate recognition subunit of a Cul3-based E3 ubiquitin ligase. Through tandem mass spectrometry, Ooi and colleagues and Adam and colleagues showed that fumarate modifies critical cysteine residues (Cys155 and Cys288) within KEAP1 so that it is unable to bind to NRF2 and target it for degradation.<sup>66,67</sup> Upregulation of NRF2 may be an alternative pathway, other than through "pseudohypoxia," which may lead to FH-deficient associated tumorigenesis, although the exact mechanism remains to be elucidated. In addition, diminished 5'-AMP-activated protein kinase is found in FH-deficient kidney cancer, which facilitates increased fatty acid and protein biosynthesis because of decreased iron and increased HIF-1 $\alpha$  levels.<sup>69</sup>

Immunohistochemistry for FH is not a reliable marker to detect kidney papillary type 2 tumors associated with

HLRCC, which contain missense mutations in *FH*, because these leave stable but inactive protein. Fumarate reacts spontaneously with cysteine sulphhydryl groups to chemically modify proteins in a process termed succination. Therefore, immunohistochemistry for S-(2-succinyl) cysteine has been proposed as a marker of FH loss, and thus mutations in *FH*,<sup>70</sup> and has been validated in over 1000 specimens.<sup>70,71</sup> Use of immunohistochemistry to identify patients who need evaluation for HLRCC and subsequent genetic testing for mutations in *FH* may become part of clinical practice. Array-based comparative genomic hybridization has been done to characterize FH-deficient kidney cancers. Loss of chromosome 1q was found as expected, consistent with the tumor suppressor role of *FH*, as were gains of chromosomes 2, 7, and 17 and losses of 13q12-q21.1, 14, 18, and X, suggesting a distinct genetic profile for these kidney tumors.<sup>72</sup> However, specific genetic associations have not yet been identified.

Uterine leiomyomas (fibroids) are benign tumors that arise from the smooth muscle cells of the uterus. They are the most frequent nonrenal manifestation of HLRCC and develop in 75% to 98% of women.<sup>53,73,74</sup> The leiomyomas tend to be early onset and severe, diagnosed on average 10 years earlier than in sporadic disease, with 68% diagnosed before the age of 30 in 1 series.<sup>53,75</sup> The histopathology of the uterine leiomyomas associated with HLRCC appear to be quite similar to the kidney tumors, in particular the nuclear features with prominent eosinophilic nucleoli surrounded by a clear halo.<sup>76</sup> Cutaneous leiomyomas (piloleiomyomas) are painful, pink-purple nodules that affect individuals in a disseminated or segmental distribution. Cutaneous leiomyomas are benign tumors that arise from the piloerector apparatus.<sup>49</sup> Cutaneous leiomyomas occur in 80% to 100% of individuals with a mean age of presentation of 25 years (range 10-47 years), but they can develop later into the 40s.<sup>77</sup>

### Other Tumor Manifestations

Wilm's tumor has been reported in 2 pediatric patients with *FH* mutations, suggesting a possible associated predisposition.<sup>54,78</sup> Leydig cell tumors also have been reported in patients with HLRCC. Screening of sporadic Leydig cell tumors also identified a second male with a germline mutation, suggesting that patients with Leydig cell tumors should be asked about pertinent family history.<sup>79</sup> Gastrointestinal stromal tumors, adrenocortical disease, and ovarian cystadenomas also have been described in patients with HLRCC.<sup>80,81</sup>

### Trials for Papillary RCC

Clinical trials of MET inhibitors for type 1 and 2 papillary kidney cancers, including foretinib, cabozantinib, and arq 197, have been completed or are underway ([www.clinicaltrials.gov](http://www.clinicaltrials.gov)).<sup>82</sup> A Phase II trial of 2 dosing

schedules of foretinib, an oral multikinase inhibitor targeting MET, VEGF, RON, AXL, and TIE-2 receptors, was conducted in 74 patients with metastatic papillary RCC based on MET pathway activation (germline or somatic MET mutation, *Met* [7q31] amplification, or gain of chromosome 7).<sup>83</sup> The primary endpoint was overall response rate. The presence of a germline *Met* mutation was highly predictive of a response (5 of 10 vs 5 of 57 patients with and without germline *Met* mutations, respectively). The most frequent adverse events (AEs) of any grade associated with foretinib were fatigue, hypertension, gastrointestinal toxicities, and nonfatal pulmonary emboli. In another trial of 150 mg once-daily erlotinib, an oral epidermal growth factor receptor-tyrosine kinase inhibitor was evaluated in histologically confirmed, advanced, or metastatic papillary RCC in which the overall response rate was 11% (5 of 45 patients; 95% confidence interval [CI] 3-24%), and the disease control rate was 64% (ie, 5 partial response and 24 stable disease).<sup>84</sup> The median overall survival time was 27 months (95% CI, 13-36 months). The probability of freedom from treatment failure at 6 months was 29% (95% CI, 17% to 42%). There was 1 Grade 5 AE of pneumonitis, 1 Grade 4 AE of thrombosis, and 9 other Grade 3 AEs.

## Birt-Hogg-Dube Disease

Patients with BHD disease have an autosomal-dominant syndrome characterized by the development of fibrofolliculomas (dysplastic hair follicles), lung cysts and spontaneous pneumothorax, and kidney cancer.<sup>85,86</sup> This syndrome occurs in approximately 1 of 200,000 people and is underdiagnosed because of its variable, and often mild, presentation. The gene for BHD maps to 17p12q11.2 and was identified through linkage in affected families; thus, it was named folliculin (*FLCN*).<sup>87</sup> Point mutations and large genomic rearrangements have been found in *FLCN* and are causative of Birt-Hogg-Dube (BHD).<sup>88</sup> The folliculin (*FLCN*) protein has no homology to previously identified proteins, and its function has been controversial. Most recently, it has been suggested that it is a ciliopathy, is involved in cell polarity, regulates cell-cell adhesion, and negatively regulates ribosomal RNA synthesis.<sup>89-91</sup> A wide spectrum of kidney cancers (papillary RCC, ccRCC, mixed, and oncocytomas) has been observed in patients with BHD, even within the same kidney.<sup>92</sup> The kidney parenchyma surrounding the kidney tumor can often contain multifocal oncocytosis. The most common type of tumor is an unusual hybrid oncocytic tumor (mixed oncocytoma and chromophobe). Because a hybrid oncocytic tumor is characteristic of BHD, any patient presenting with one should be evaluated for BHD. *FCLN* functions as a tumor suppressor gene in BHD; mutations in *FLCN* have been identified in sporadic chromophobe kidney cancers, although this is not common.<sup>93,94</sup>

Criteria for the diagnosis of BHD have been proposed and include major criteria of (1) at least 5 fibrofolliculomas, at least 1 histologically confirmed, of adult onset, or (2) pathogenic *FLCN* mutation. Minor criteria for the diagnosis of BHD include (1) multiple lung cysts—bilateral basally located lung cysts with no other apparent cause, with or without spontaneous pneumothorax; (2) kidney cancer—early onset (<50 years), multifocal or bilateral kidney cancer, or kidney cancer of mixed chromophobe and oncocytic histology; and (3) a first-degree relative with BHD.<sup>95</sup> Patients should have 1 major or 2 minor criteria for diagnosis. BHD is vastly underdiagnosed.

## Treatment of BHD-Associated Kidney Cancer

Chromophobe tumors when diagnosed early are often curable with surgery. Metastatic disease, especially if the histology is chromophobe, is challenging to treat due to the rarity of the presentation and the lack of defined therapeutic targets. Sporadic chromophobe tumors can contain mutations in *KIT*,<sup>96</sup> but it is unknown if treatment with imatinib or sunitinib, which target *KIT* mutations, are active.

## Other Inherited Syndromes With an Increased Risk of Kidney Cancer

### BAP1 (BRCA-Associated Protein-1) Mutations and Familial Kidney Cancer

Somatic mutations in *BAP1* (BRCA-associated protein-1 gene) were identified through whole exome sequencing studies.<sup>97</sup> *BAP1* mutations have been associated with a higher tumor grade and decreased overall survival as compared with those with *PBRM1* mutations, which are negatively correlated.<sup>98</sup> In the massively parallel sequencing of clear cell kidney cancer, germline mutations also were identified. Two recent studies have suggested that *BAP1* mutations predispose to familial clear cell kidney cancer, along with uveal and cutaneous melanoma and mesothelioma.<sup>99,100</sup>

### Chromosome 3 Translocations

Multiple families with inherited susceptibility due to balanced translocations involving chromosome 3 have been described.<sup>101-106</sup> The mechanism behind the increased risk of multifocal clear cell kidney cancer is thought to be loss of the rearranged chromosome during mitosis, which requires a quadrivalent (4 chromosomes coming together), leading to greater errors during chromosomal segregation. Because multiple genes involved in the pathogenesis of clear cell kidney cancer are located on chromosome 3p, including *VHL*, *PBRM1*, *BAP1*, and *SETD2*,<sup>107</sup> it is not surprising that a mechanism of increased loss of 1 allele leads to an increased risk of clear cell kidney cancer.

### PTEN Hamartoma Tumor Syndrome (Cowden Disease)

PTEN hamartoma tumor syndrome is associated with an increased risk of benign and malignant tumors of the thyroid, breast, and endometrium caused by mutations in *PTEN*.<sup>108</sup> Dermatological manifestations of Cowden disease are very common, seen in essentially all patients by their 30s, and include trichilemmomas, papillomatous papules, and acral and plantar keratoses.<sup>109</sup> Clear cell kidney cancer has been reported in patients with Cowden disease, with recent estimates suggesting a standardized incidence ratio of 30.6 (95% CI 17.8, 49.4), however this number may be an overestimate due to ascertainment bias.<sup>110-112</sup> One study has shown the loss of the wild-type *PTEN* allele in a kidney cancer from a Cowden disease patient.<sup>111</sup> A study of sporadic kidney cancers and cell lines has shown that mutations in *PTEN* are present, particularly in late-stage and clear cell kidney cancers.<sup>113</sup>

### Succinate-Dehydrogenase-Associated Paraganglioma/Pheochromocytoma

Mutations in 3 of the 4 genes (succinate dehydrogenase [*SDH*] *B/C/D*) comprising the succinate dehydrogenase (SDH) complex, which participates in the Krebs cycle, converting fumarate to succinate, and as mitochondrial respiratory chain complex II, have been associated with an increased risk of kidney cancer.<sup>114</sup> Patients with mutations in the SDH genes have an increased risk of developing tumors of the autonomic nervous system—pheochromocytomas and paragangliomas, both head and neck, and in the thorax and abdomen.<sup>115</sup> Germline *SDHB* mutations are associated with increased risk of metastatic disease as compared with mutations in the other genes of the SDH complex, all of which are associated with an increased risk of pheochromocytomas and paragangliomas.<sup>116</sup> Patients can develop various RCCs including clear cell, chromophobe, and oncocytomas.<sup>117-119</sup> These kidney tumors recently have been reported to be particularly aggressive.<sup>120</sup>

### Tuberous Sclerosis Complex

Tuberous sclerosis complex (TSC) is an autosomal-dominant genetic disorder characterized by the formation of hamartomas in multiple organs, including brain, kidney, skin, and lung. The formation of hamartomas leads to neurologic disorders, including epilepsy, mental retardation, and autism as well as dermatologic manifestations such as facial angiofibromas, kidney angiomyolipomas (AMLs), and pulmonary lymphangiomyomatosis.<sup>121</sup> Inactivating mutations in *TSC1* (chromosome 9q34), encoding hamartin, or *TSC2* (chromosome 16p13.3), encoding tuberlin, are responsible for the phenotype.<sup>122-124</sup> The mutations occur as spontaneous germline mutations in 70% of cases; patients with *TSC2* mutations are more severely affected with greater kidney involvement

among other features.<sup>125</sup> The 50% to 80% of patients with TSC who develop kidney lesions can have AMLs, cysts, oncocytomas, and RCCs. Of affected TSC patients, 75% to 80% develop AMLs and less than 5% develop kidney cancer (with precise estimates varying across studies).<sup>126</sup> Patients can develop epithelioid AMLs, and the other more common types of kidney cancer have been reported.

Hamartin and tuberlin are proteins that heterodimerize and inhibit downstream pathways of mammalian target of rapamycin (mTOR).<sup>121</sup> Thus, inactivation of 1 of the genes translating these proteins leads to upregulation of the HIF pathway. mTOR inhibitors including rapamycin and analogs such as everolimus, temsirolimus, and dual mTOR inhibitors have been used to treat patients with TSC and lymphangiomyomatosis. Everolimus was recently approved by the U.S. Food and Drug Administration to treat AMLs (and subependymal astrocytomas) on the basis of a double-blinded placebo controlled trial showing a response rate of 42% (95% CI 31, 55%) as compared with 0% in patients treated with placebo.<sup>127</sup> This study forms the basis of the recommendation that TSC patients with multiple AMLs be treated with everolimus.

### Conclusion

The identification of genes associated with inherited susceptibility to kidney cancer has led to a greatly increased understanding of kidney tumor pathogenesis. Because mutations in each gene tend to be associated with specific pathological subtypes of kidney cancer, examining the 2 in conjunction has allowed a more precise definition of each, thus both refining our understanding of kidney tumors and associated cancer susceptibility syndromes. Patients with inherited cancer susceptibility syndromes including kidney cancer are being increasingly recognized by physicians and referred for specialist evaluation, leading to improved clinical outcomes with medical management guidelines targeted for those diseases. In addition, these advances in knowledge have further delineated aberrantly activated pathways so that cancer therapeutics can be appropriately targeted in each subtype of kidney cancer.

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